



This session will look at:

- What happens to New Believers?
- What can be expected?
- How to continue to grow?

# I. What happens to New Believers? John 3:1-21

- a. Understanding what happens to a person who is Born Again is VERY important to being able to live a life that reflects on the outside what has occurred on the inside. Exposure to the requirements of God's Holiness will either soften or harden the heart. People exposed to it will either choose to resist & run from God or they will choose to cry out to him for forgiveness.
- b. They must take on the faith of a \_\_\_\_\_ Jesus spoke of.
- c. The Lord has provided a way for you to have the ability to trust Him through the renewed Spirit.

#### Ezekiel 36:26-

I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. I will give you a new heart and put a New Spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

d. Those who ask God to receive them will experience the rebirth of their \_\_\_\_\_\_ that was dead because of sin. He makes NO

differences between one sinner or another. Anyone who asks will receive this MIRACLE.

Acts 15:9 and He made no distinction between us and them, cleansing their hearts by faith

- e. It is a miracle. The Spirit of God brings back to life the spirit that was dead before because of sin. The death that Adam & Eve were warned about in the garden of Eden that happens to every human being is \_\_\_\_\_\_\_ . This FIRST death of the spirit is the separation of Man from God, and has the same effect spiritually as separating a vital organ like your heart or brain from the rest of your body. It brings instant Spiritual death. All humanity is under the curse of human depravity caused by the separation of mankind from God.
- f. Jesus told us about the NEW BIRTH in *John chapter 3* so we would understand the distinction between our soul & spirit. Our mind doesn't detect the difference.

John 3:6 Flesh gives birth to flesh, but the Spirit gives birth to spirit.

# **II. What can be expected?**

a. When a person surrenders to Christ they will receive the miracle of \_\_\_\_\_\_\_. This experience is often flooded with emotion as the humiliating weight of guilt & shame from sin that had previously separated them from God is lifted. It is replaced by the overwhelming presence of God's love because the Holy Spirit literally begins to live within the new Christian.

John 3:6 <sup>6</sup> Flesh gives birth to flesh, but the Spirit gives birth to spirit.

b. Shaking, tears, sobbing, and brokenness are common overwhelming emotions that result from this and all other encounters with the Lord that follow. It is the work of the Person of the Holy Spirit. God is doing the work in person as the Holy Spirit.

#### 1 Peter 1:2:

<sup>2</sup> who have been chosen according to the foreknowledge of God the Father, through the sanctifying work of the Spirit, to be obedient to Jesus Christ and sprinkled with his blood: Grace and peace be yours in abundance

c. Once a person is born again the natural expectation is that the life they once lived will be different now. Well, that is true. It certainly will be. But the first changes have happened deep in the "inner man".

#### Colossians 3:10

and have put on the new self, which is being renewed in knowledge in the image of its Creator

#### 2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

d. Though they are the same in basic outer appearance, the condition in the spirit of the person completely changes.
 The \_\_\_\_\_\_ is made alive and new.

#### 2 Corinthians 4:16

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.

e. Most people first experience a love & zeal for the Lord. One evidence, is peaked interest in the things of God, such as sermon messages that used to be of no interest. Now they seem to be \_\_\_\_\_\_ with truth that is inspiring and impacting. That is because it is the work of the Holy Spirit to make His truth known to the believer. His truth can only be discerned by a person who has a renewed spirit.

#### 1 Corinthians 2:14

The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. f. More evidence is a deep appreciation comes for others who also love the Lord.

#### John 13:34-35

34."A new command I give you: Love one another. As I have loved you, 35. By this all men will know that you are my disciples, if you love one another."

g. They find themselves more aware of the God's very presence in when they are speaking to the Lord. Prayer life is no longer a vain occupation but an active conversation with a loving and Holy God.

#### John 6:44

"No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day.

# III. How to continue to grow?

a. Sometimes new believers don't know what the word says about their new state of being. So they can be deceived into thinking that they are powerless to overcome sin. It is very important for them to know that their new Spirit is not corrupt. However, not only is their old carnal nature still corrupt, but it also wars to regain control.

## Galatians 5:17

For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

## The Balloon Illustration:



## Proverbs 3:6

In all your ways acknowledge him, and he will make your paths straight.

b. If you are not constantly aware of His presence, and submitting to His will, then you are living as a Godless person. This is changed as we submit to the Holy Spirit and allow Him to grow our "inner man".

#### 1 Peter 2:2

Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment.

# IV DISCERINING the FLESH: responding in FAITH

That cursed condition is the case for all humanity; so the person who lives this way has plenty of company. But God has made a way for us to \_\_\_\_\_\_ this condition.

#### 1 Corinthians 10:13

There has no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it.

- b. God gives free will to ALL men. He also gives full warning regarding consequences of the choices made. He put YOU in control of YOU!
- c. You are a speaking spirit that has a soul and lives in a body. *Galatians 5:18*

But if you be led by the Spirit, you are not under the law. If the desire of the Spirit prevails.

**Romans 8:14** Those led of the Spirit are the sons of God and are free from the law.

d. Choose to be cherished by the heart of your Father. Free yourself from wants that drive you to sacrifice, but lead only to temporary satisfaction.

**Colossians 3:2** Set your minds on things above, not on earthly things.

*Matthew 6:20* But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal.

e. Pursue instead the greater gain of simply knowing Him. It is joy that lasts, Pleasure that never fades, Freedom that will not be lost and Peace that cannot be disturbed. God IS in control of your life as you stay yielded in the Spirit.

Genesis 4:7 If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."

- f. It is more than important that we seek repentance and not only relief from our problems. It is vital to our lives that we seek the Lord and His counsel. He will turn your troubles into opportunities that will bring you more than you hoped for if you remain in His will.
- g. A person who won't surrender to the Lord, WILL surrender to EVERY evil. A person who lives without the counsel of the Word of God lives outside the Will of God. Outside of God's will there is only circumstance and odds to grant anyone success and the "odds" are stacked against them to the point that there is no hope.

# V. BREAKING UP WITH "SELF"

a. You can't follow Jesus anywhere until you are willing to

#### Matthew 16:24-26

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it. What good will it be for a man if he gains the whole world, yet forfeits his soul? Or what can a man give in exchange for his soul?

b. The word "deny" is the same word as "disown". Christianity literally begins with giving ownership over to God.

#### 1 Corinthians 6:19b-20a

"You are not your own; you were... bought at a price."

c. Setting your heart to seek the Lord and His will begins with a truly repentant heart. This example is one of King David's prayers for help in surrendering to God. It should resonate in your heart as you echo the same thoughts.

#### Psalm 51:1-13

"Create in me a clean heart Oh God, and renew a right Spirit within me. Cast me not away from your presence Oh Lord. Take not Your Holy Spirit from me. Restore unto me the joy of my salvation. Then I will teach transgressors your ways, and sinners will turn back to you."

d. Those who receive the new birth experience receive assurance of their salvation, because the spirit within them is now infused with permanent life. It is made permanently pure as we feed it the Living Word of God.

#### 1 Peter 1:23

"For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God."

#### Titus 3:5

"He saved us, not because of righteous things we had done, but because of His mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit."

e. A person who is born again must direct the very thoughts of their mind to be in agreement with the Holy Spirit. If they do not they will live life still directed by the CARNAL

# NATURE. The sinful nature will reign as though it's undefeated in their lives.

#### Romans 8:5

<sup>5</sup> Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

f. More evidence of the Spirit being in control is maintaining a heart that is Humble before God and men.

**Psalm 34:18** "Jehovah is near to those that are of a broken heart, and save them that are of a contrite Spirit."

g. Christianity is not about \_\_\_\_\_\_ it is all about \_\_\_\_\_\_.

#### Acts 17:28

"In Him we live and move and have our being."

## VI. A Matter of Being

A. Being a new creation, being in Christ, being forgiven, being filled with the Holy Spirit, being childlike in faith, being transformed by the renewing of your mind, being accepted, and being in the spirit lets you BE a doer of the word. Some of these "being" are verbs.

#### Romans 12:2

Do not conform any longer to the pattern of this world, but <u>be</u> transformed by the renewing of your mind. Then you will <u>be</u> able to test and approve what God's will is--his good, pleasing and perfect will.

b."Be" transformed by the renewing of your mind. It indicates that God is in the process of transforming you. But you are also "being" transformed.

#### 2 Corinthians 3:18

And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with everincreasing glory, which comes from the Lord, who is the Spirit. . This session was intended to help you get to know what to expect when you experience re-birth. Now here are passages that sum this lesson up.

#### Ephesians 4:21-24

<sup>21</sup> Surely you heard of him and were taught in him in accordance with the truth that is in Jesus.

<sup>22</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;
<sup>23</sup> to be made new in the attitude of your minds;

<sup>24</sup> and to put on the new self, created to be like God in true

righteousness and holiness.

#### Romans 6:4

Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life.

## **Exercise:**

- 1. Briefly describe what takes place when a person receives Christ.
- 2. What happens as you read the Word of God?

## THIS WEEK's BIBLE READING: Genesis 1-10

Use the Bible Study tool as you read. Return your completed form for credit. You will get much more from the time if you prepare in advance by reading prayerfully through the assignment:

#### **ANSWERS:**

- Pg 2 Child, spirit,
- Pg 3 spiritual death
- Pg 4 New Birth
- Pg 5 Inner Man, suddenly filled
- Pg 6 un-surrendered will, escape
- Pg 7 deny yourself
- Pg 10 doing, being